

Communication Core Competency Self-Assessment – Grade 4, 5, 6, 7

Communicating					Set a Goal
	Always	Sometimes	Rarely	Never	
I can listen to and contribute ideas in conversation					
I can ask questions to further my understanding					
I can present my ideas clearly in an organized way					
Collaborating					Set a Goal
	Always	Sometimes	Rarely	Never	
I can work with others to carry out a goal					
I can play an active role in a group					
I can reflect on our group efforts and our results					



Thinking Core Competency Self-Assessment – Grade 4, 5, 6, 7

Creative Thinking					Set a Goal
	Always	Sometimes	Rarely	Never	
I form ideas as I explore interests					
I build on others' ideas to create new things					
I keep working with ideas					
I use my strategies to think creatively					
Critical & Reflective Thinking					Set a Goal
	Always	Sometimes	Rarely	Never	
I can explore and ask open-ended questions to gather information					
I can use criteria and evidence to make judgements					
I can develop and design different solutions					
I can give and receive feedback and set goals					



Personal and Social Core Competency Self-Assessment – Grade 4, 5, 6, 7

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Personal Awareness & Responsibility					Set a Goal
	Always	Sometimes	Rarely	Never	
I can make goals, monitor progress, and celebrate my growth					
I can advocate for myself and my ideas					
I can recognize my feelings and use strategies to handle challenges					
I can make choices that keep me happy, healthy and safe					
Positive Personal & Cultural Identity					Set a Goal
	Always	Sometimes	Rarely	Never	
I can describe who I am, and my positive qualities and strengths					
I can describe some of my values					
I can explain why I make specific choices					
I can explain how being in different groups helps me learn about myself					



Personal and Social Core Competency Self-Assessment – Grade 4, 5, 6, 7

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Social Awareness & Responsibility					Set a Goal
	Always	Sometimes	Rarely	Never	
I can show respect, kindness and support for others					
I appreciate others' ideas and can stand up for what's right and fair					
I can use strategies to solve problems in peaceful ways					
I can contribute to my community and care for the environment					

